

Level 2 Assessment Questions- 2013

Please answer these questions and bring them with you to the assessment appointment. You will be discussing your answers with the counselor.

These questions are designed to challenge you to apply critical thinking skills to the decisions you make about alcohol, marijuana, and other drugs. Ask yourself these questions and answer them honestly. You will not be graded and your answers are confidential. This information is for your benefit.

1. When I drink alcohol, consume marijuana, or use other drugs what is my central aim or purpose? What am I hoping the outcome will be?
2. What benefits do I experience when I drink alcohol, consume marijuana, or use other drugs?
3. What are the negative costs for me when I drink alcohol, consume marijuana, or use other drugs?
4. What are my assumptions about college students drinking alcohol, consuming marijuana, and using other drugs? Are my assumptions accurate? What information am I basing my assumptions on?
5. How has my use of alcohol, marijuana, or other drugs affected my academic goals (grades not included)?
6. Do I have any regrets related to drinking, smoking, experimenting with drugs, or using pills?