Adult Cannabis Use Questionnaire

All the questions apply to your experiences smoking cannabis in the last 3 months.

Please answer all the questions checking YES or NO.

In the last 3 months:

Have you tended to smoke alone more than you did in the past?	Yes	☐ No
Have you worried about meeting people you don't know when stoned?	Yes	☐ No
Have you spent more time with friends who smoke week than friends who don't?	Yes	☐ No
Has anyone said they are concerned about how much you are smoking?	Yes	☐ No
Have you sold any of your belongings to buy cannabis?	Yes	☐ No
Do you find yourself making excuses about money?	Yes	☐ No
Have you been in trouble with the police due to your smoking?	Yes	☐ No
Have you been physically sick after smoking?	Yes	☐ No
Have you had pains in your chest or lungs after a smoking session?	Yes	☐ No
Have you been neglecting yourself physically?	Yes	☐ No
Have you failed to wash for several days at a time?	Yes	☐ No
Have you felt depressed for more than a week?	Yes	☐ No
Have you been so depressed you felt like harming yourself?	Yes	☐ No
Have you given up recreational activities you once enjoyed for smoking?	Yes	☐ No
Do you find it hard to get the same enjoyment from your usual interests?	Yes	☐ No
Has your general health been poorer than usual?	Yes	☐ No
Have you felt more withdrawn or paranoid after smoking?	Yes	☐ No
Have you been concerned about a lack of motivation?	Yes	☐ No
Have you worried about feelings of personal isolation or detachment?	Yes	☐ No
Do you usually have a smoke in the morning, to get yourself going?	Yes	☐ No
Do you smoke at bedtime to help you sleep?	Yes	☐ No